



HARROW INDEPENDENT COLLEGE

*School of Mathematics, Science & Economics*

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## **Harrow Independent College**

### **PSHE (Personal, social, health and economic education) Policy**

#### **Introduction**

Personal, social, health and economic education promotes pupils' personal social and emotional development, as well as their health and well being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

Harrow Independent College is a member of PSHE Association.

#### **Aims**

At Harrow Independent College we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. In addition we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy.)

At Harrow Independent College we aim to help the children to:

1. develop confidences and responsibilities and make the most of their abilities.
2. prepare to play an active role as citizens.
3. develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. develop good relationships and respect the differences between people.
5. understand some basic principles of finances.
6. make a positive contribution to the life of the college

#### **Organisation :**

#### **The Teaching of PSHE.**

Harrow Independent College uses the PSHE Association, TES materials AQA and Hodder Education materials to teach many of the elements of PSHE. Each teacher has a folder containing the topics for the half term.

In addition, teachers will aim to set aside time in class to discuss matters arising from college council meetings.

We recognise that Circle Time is a very useful teaching model for many of the aspects of PSHE and have spent time to train teachers and support staff in the skills of circle time.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:-

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in the setting of their targets for learning.
3. Encouraging children to recognise and respect differences between people.
4. The election of a college council in a democratic manner, which actively develops the direction of the college.
5. Encouraging children to take responsibility for their behaviour.

There are wider Opportunities for personal and social development at college. These include:-

1. The development of each child's ability to work as part of a team, become active within the college community and recognise the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a college for collective worship to celebrate academic and personal achievements.
5. Planning events which encourage the college to work together.

We seek to promote a healthy lifestyle and self confidence for our community by:

1. The provision of a range of lunch time and after college clubs eg table tennis, student debate club, Art work opportunities in the college and DofE (Duke of Edinburgh's Award) which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in college for children to develop further skills such as football, swimming and tennis through the local sports centres
3. Promoting walk to college.
4. Healthy eating promotions during the year and posters encouraging a healthy diet in the college hall.
5. Attention to the needs of SEN children.

We seek the involvement of the whole college community through:-

1. Encouraging parents/ carers to support trips or whole college events.

2. Term newsletters sent to parents/ carers.
3. The Friends of Harrow Independent College Parents Group.

### **Time Allocation**

Each teacher will aim to allocate a minimum of 30 minutes each week to PSHE.

### **Display**

Displays follow the policy of Harrow Independent College.

### **Resources**

Resources for PSHE are kept in the Admin room. All PSHE teacher resources and materials are available in the teachers drive -

### **Monitoring**

The Coordinator will carry out a programme of sampling lessons over the year and write an annual report to governors.

### **Equal Opportunities**

PSHE follows the Equal Opportunities Policy of Harrow Independent College.

### **Responsibilities**

The PSHE Co-ordinator is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Writing an annual action plan for The College Improvement Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.

Each teacher is responsible for delivering the PSHE topics to their class and being aware of where extra lessons are needed.

This document needs to be read in conjunction of

- Equal Opportunity Policy



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